



**GURU NANAK COLLEGE BUDHLADA**

Under the Management of Shiromani Gurdwara Parbandhak Committee, Sri Amritsar Sahib

**NAAC - SSR - Cycle - II**

## **Activity Report**

### **Women Empowerment Cell**



**2020-21**



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# **Extension Activities Report**

## **Women Empowerment Cell**

### **Session 2020-21**

**Convener: Dr. Nisha Mann**

#### **Members:**

**Dr. Neena Brar**

**Asstt. Prof. Neelam Rani**

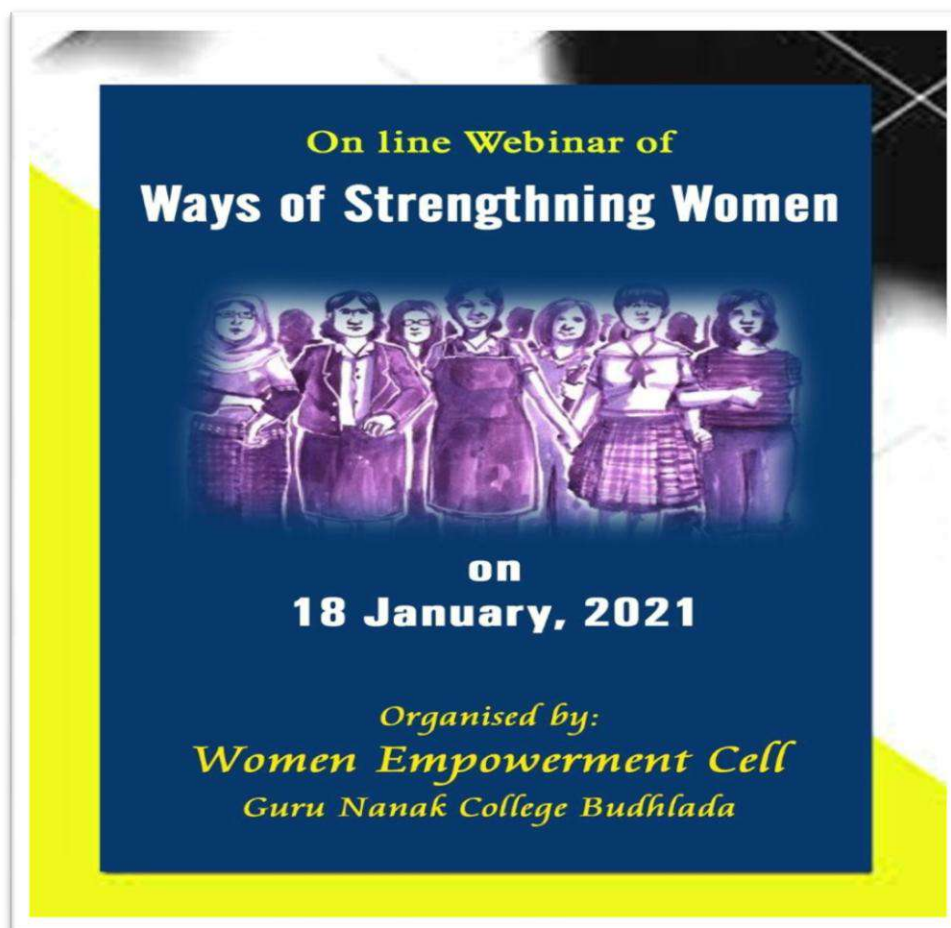
**Asstt. Prof. Amninder Kaur**



### 1. Online Webinar on ways of strengthening women (18.01.2021)

Today's society is no more a male dominating society. Women have made her space and earned lots of fame and respect because of our hard endeavors. Despite such massive changes still there are a few areas where women need to strengthen her footsteps. Thereby, it is high time that women ought to strengthen her by raising her voice against wrongdoers. Webinar focused on building confidence and inner strength of women so that they can face the world.

No. of Participants: 25

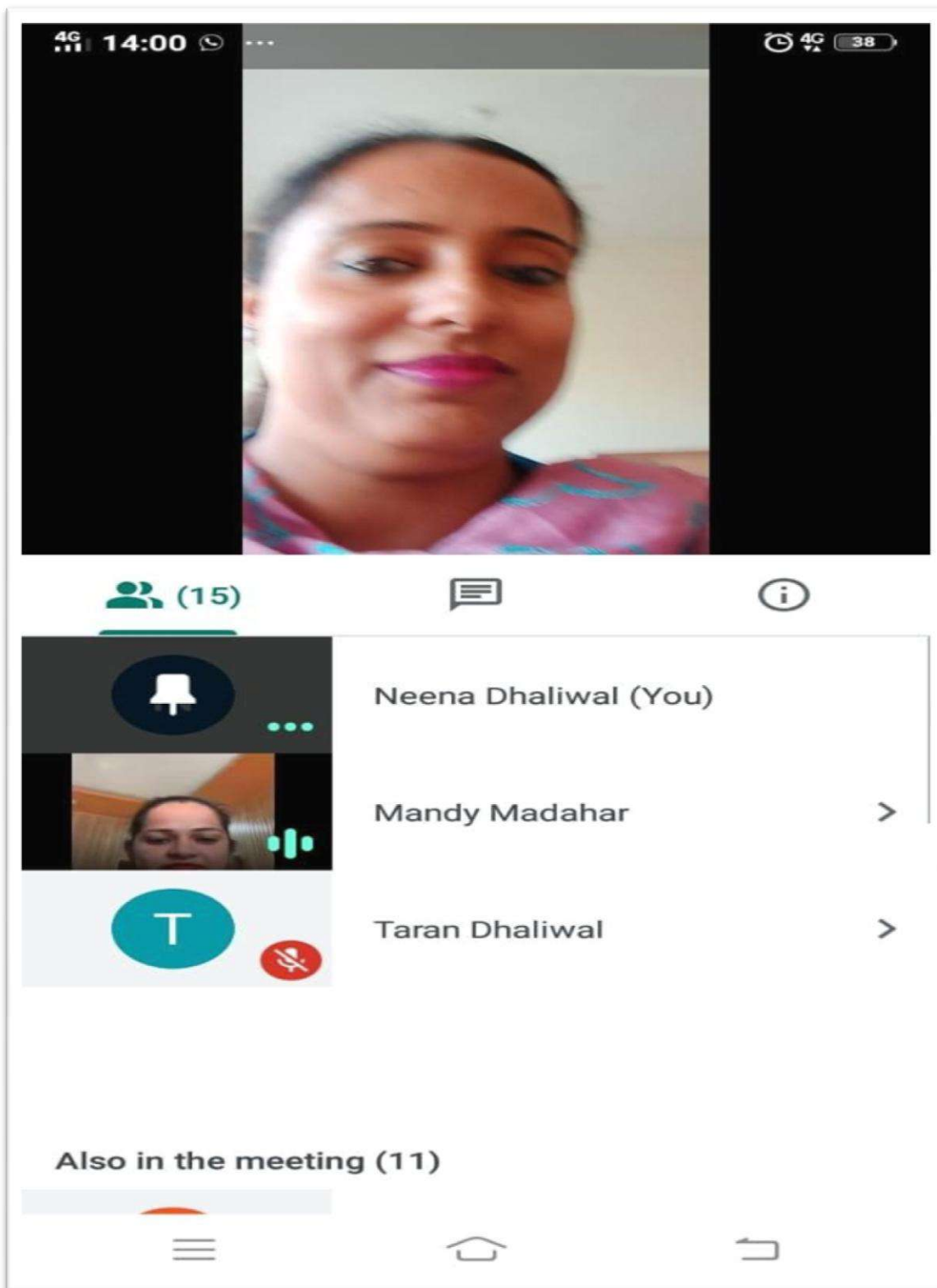




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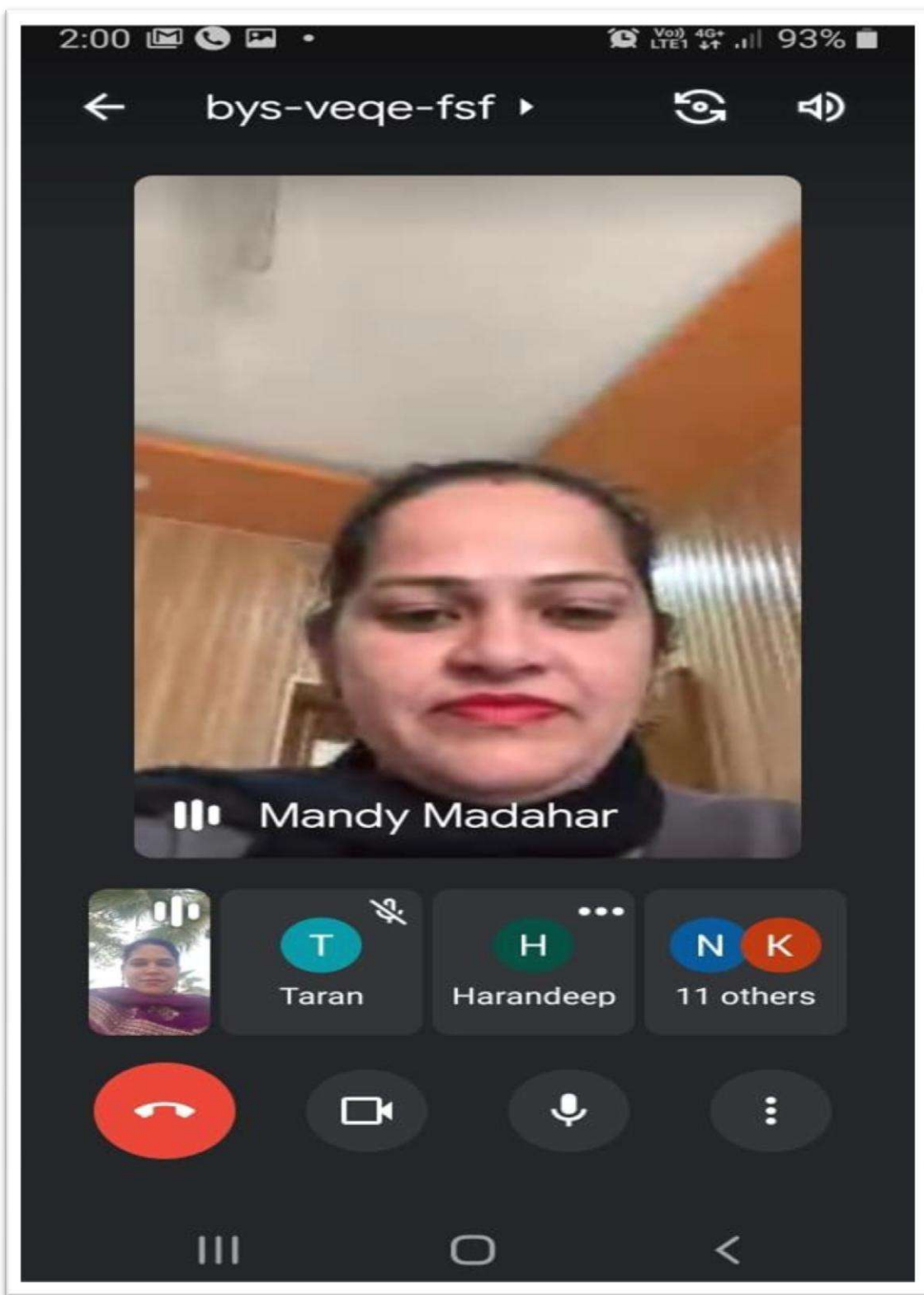




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### 2. Gender Equality and awareness :( 19.02.2021)

Gender awareness aims at increasing general sensitivity, understanding and knowledge about gender. Gender equality was made part of international Human Rights law by the Universal Declaration of Human Rights. International Women's day observed annually on 8th march on which women are recognized for their achievement with regard to divisions whether national, ethnic, cultural, economical or political. The awareness program helped in enhancing skills among women and aware that men and women enjoyed the same opportunities, rights and obligations in all spheres of life.

**No. of Participants:**

**40 No. of teachers: 6**







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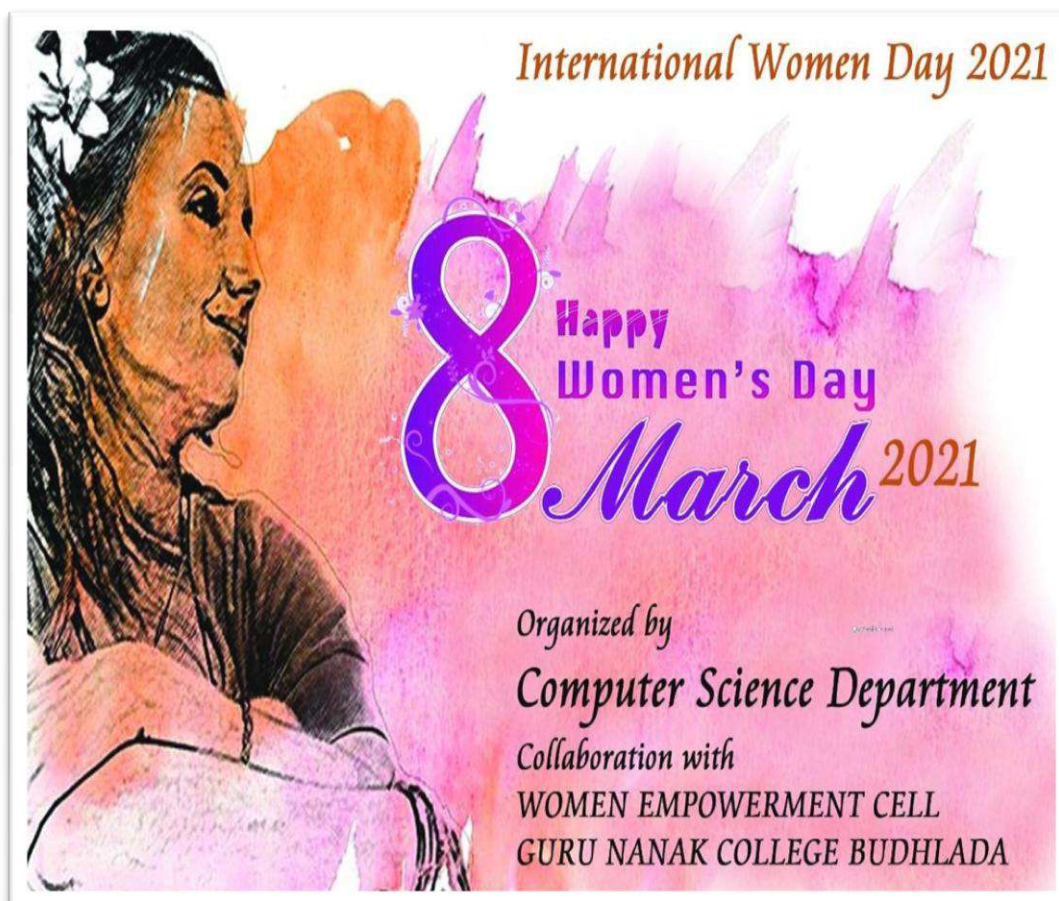
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## 3. Women's Day Celebration (8<sup>th</sup> March, 2021)

Every year International Women's day is celebrated on March 8th across the world. It is a day when everyone shows appreciation, love and respect towards women. A woman is said to be beautiful creation of God. It is a fact that all the great personalities are born from the woman's womb and have taken their initial teachings from a woman and that is why people give due respect to women in their lives.

**No. of Participants: 50**

**No. of teachers: 10**





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#### 4. Online Lecture on Mother's Day on the Topic "Role of Mother's Influence in our daily lives" dated 8<sup>th</sup> May; 2021.

Mother plays an important role in everyone's lives. Moms are the first teacher, influences and support. A mother becomes the best teacher who improves a child's emotional, perspective, communication, cognitive, critical thinking and independence. Mother helps us to pass the challenge or fear we face in your life. She will be our continuous, powerful support and influence.

No.of Participants: 25

No. of teachers: 7

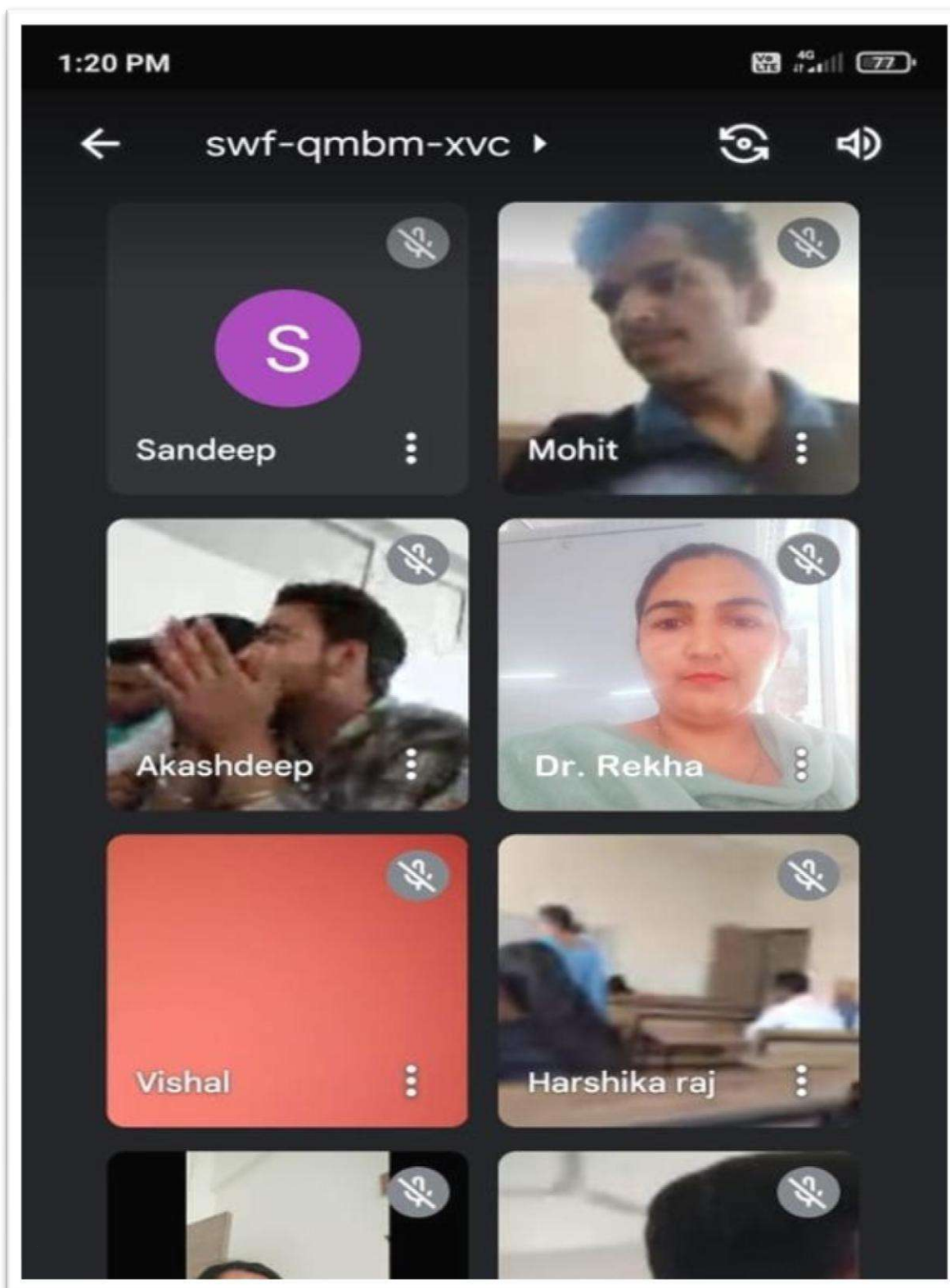




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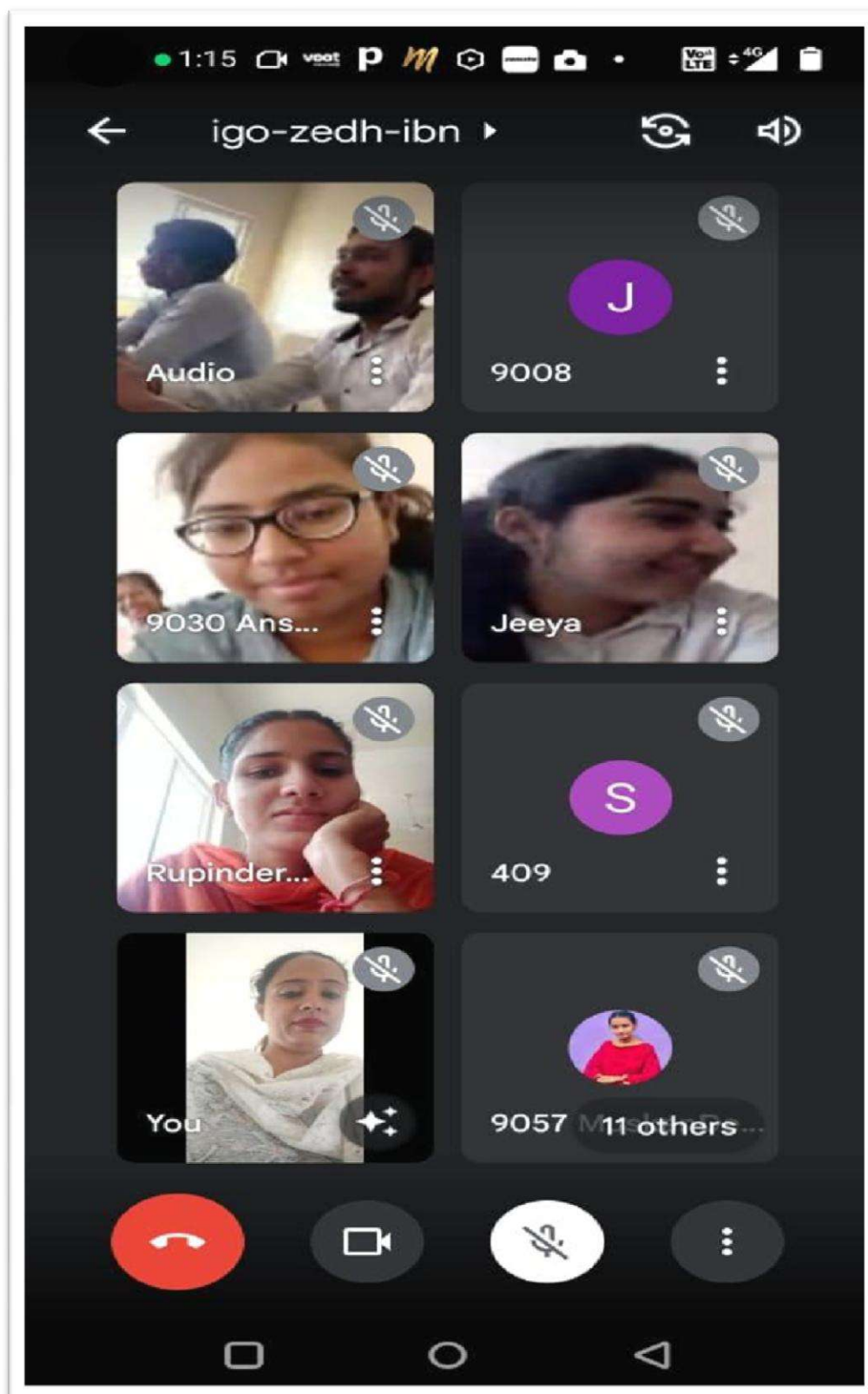




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### 5. Rangoli Competition


Women Empowerment Cell organized “**Rangoli Competition**” on 15<sup>th</sup> March 2021 in order to enhance the skills of students and make them confident. Students expressed their views in an innovative and artistic manner.

**No. of Participants: 45**

**No. of teachers: 5**

*Women Empowerment Cell*  
Organises

*“Rangoli Competition”*



*A way to exhibit your skills and become artistic  
Grab the Opportunity  
dated (15<sup>th</sup> May, 2021)*

*Convenor  
Dr. Nisha Mann*

*Co-Convenors  
Dr. Neena Brar  
Asst. Prof. Neelam Rani  
Asst. Prof. Amninder Kaur*



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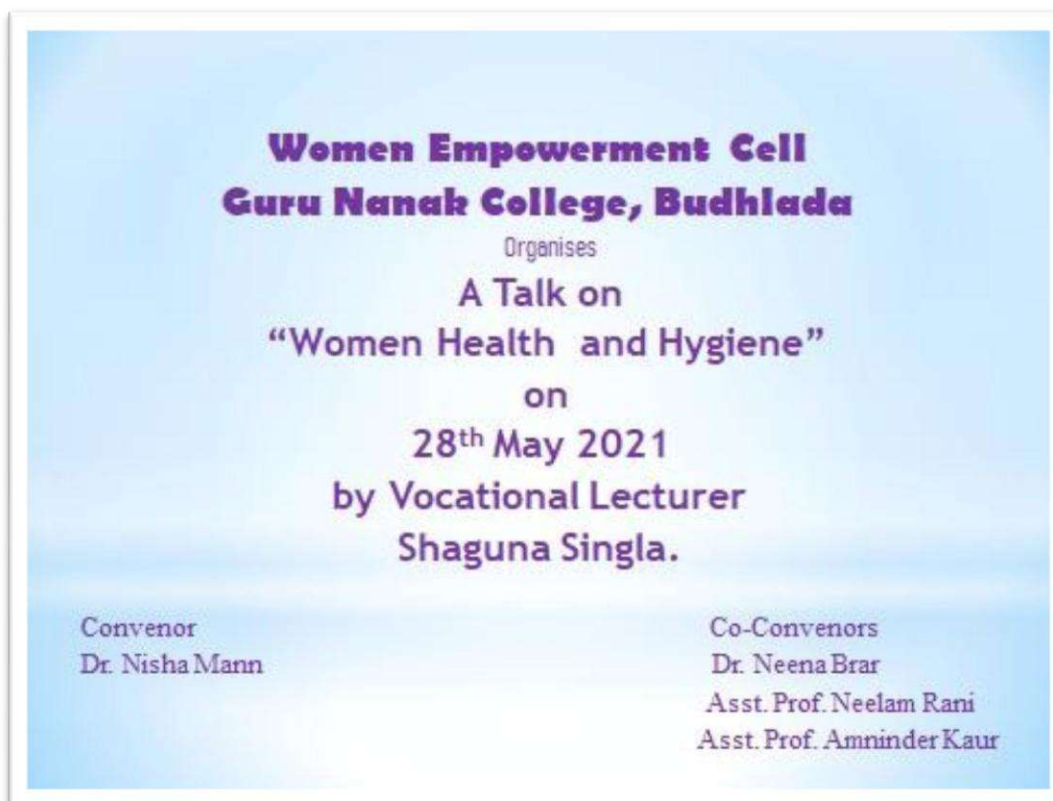


### **5. Women Empowerment Cell organized A Talk on “Women Health and Hygiene “on 28<sup>th</sup> May2021 by Vocational Lecturer Shaguna Singla.**

Taking into considerate on the various health problems being faced by women nowadays, the Cell organized one day Lecture on “Women Health and Hygiene” so as to make them aware regarding such ailments .Furthermore, they were taught various ways to combat such hard challenges of life and live healthy life.

**No. of Participants: 45**

**No. of teachers: 5**







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1:40 PM

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## About this call

People

Information



JASWINDER KAUR



Kamaljeet Kaur



Malkeet Kaur



Mandeep Kaur



Mandeep kaur Mandeep ...



Manjeet Chahal



manjinder singh



manpreet manpreet



Mr Gagan Garg



Pallavi Sharma



Parminder Singh

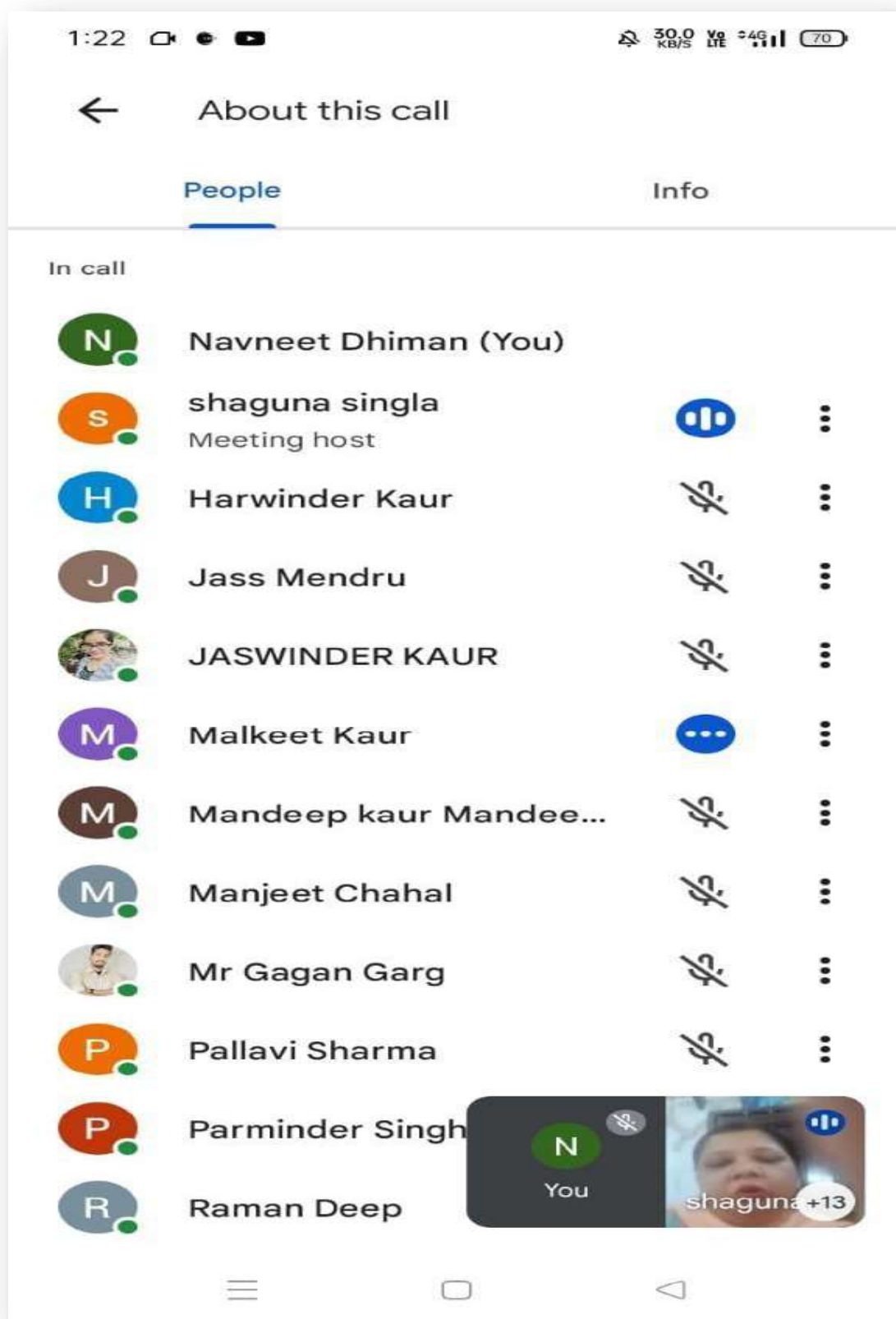




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