



**GURU NANAK COLLEGE BUDHLADA**

Under the Management of Shiromani Gurdwara Parbandhak Committee, Sri Amritsar Sahib

**NAAC - SSR - Cycle - II**

# **Activity Report**

## **Health & Hygiene Cell**



**2018-19**



### Health and Hygiene Cell (Session: 2018-19)

**Activity** – Speech competition on Role of Health and Hygiene in daily life

**Date**-4/10/18

**Participant**-30

**Description**- Health and Hygiene cell had held a speech competition for students related to health and hygiene in department of computer science. In this competition 30 students have participated. The main motive of the competition to aware the students about role of health and hygiene in our daily life. This competition motivates Increases effort, productivity and the quality of work of students.







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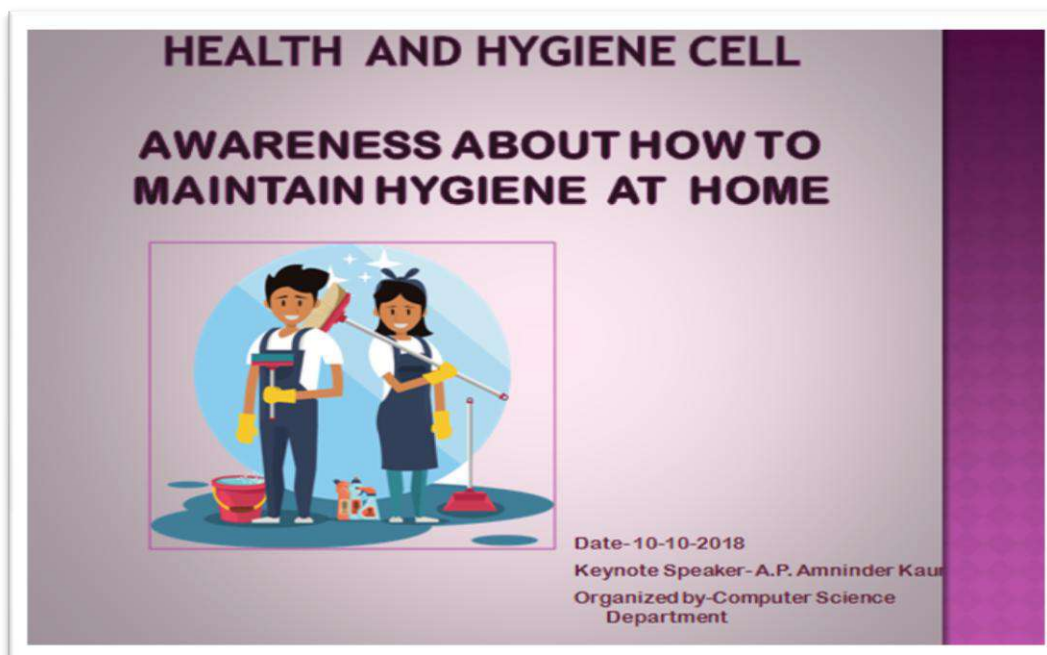
**Activity-**Awareness about how to maintain hygiene at home

**Date-**10-10-2018

**Keynote Speaker-**A.P. Amninder Kaur

**Participant-**74

**Description-** Hygiene is best practice adopted by an individual about his surroundings to protect himself and his family, friends and colleagues from infectious communicable diseases.





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**Activity**– Awareness about how to clean and hygiene the campus and prevent from Dengue to Sweepers.

**Date**-25-3-2019

**Participant**-15

**Description**- However, a well maintained campus is vital for students as it offers the ideal learning environment to them. A messy environment is distraction to students, and can also impact their health by allowing the spread of germs and allergens.

## AWARENESS ABOUT HOW TO CLEAN AND HYGIENE THE CAMPUS AND PREVENT FROM DENGUE TO SWEEPERS



Date-25-03-2019

Keynote Speaker-A.P. Anand Vardan

Organized by-

Health and Hygiene Cell





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**Activity** -Seminar on prevention from Dengue

**Date**-26/3/2018

**Participant**-25

**Description**-Use insect repellent, wear long-sleeved shirts and long pants, and control mosquitoes inside and outside your home. Each year, an estimated 400 million people are infected with dengue virus through the bites of mosquitoes.

## Seminar on prevention from Dengue



Date-26-03-2019

Keynote Speaker-A.P. Geetu

Organized by-

Health and Hygiene Cell

