



GURU NANAK COLLEGE BUDHLADA

Under the Management of Shiromani Gurdwara Parbandhak Committee, Sri Amritsar Sahib

NAAC - SSR - Cycle - II

Activity Report

Health & Hygiene Cell



2017-18



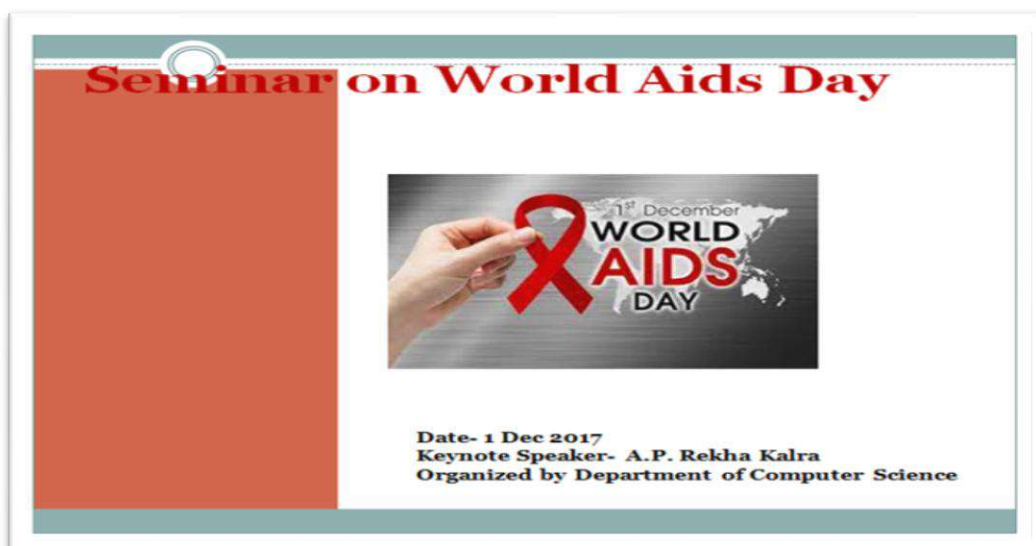
Health and Hygiene Cell (Session: 2017-18)

Activity: Seminar on World Aids Day

Date: 1 Dec 2018

Participant: 35

Description: It is an International Day dedicated to Raising Awareness regarding the aids pandemic caused by the HIV. The ability of a healthy body to fight against diseases that cause illnesses is lost when that person becomes positive. World's Aids Day is to show their support people living with and affected by the Virus.





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Activity—Awareness about Nutrition Food to Canteen Employee

Date-7/2/2018

Participant-25

Description-It helps Nutrition Food to protect against malnutrition in all its forms, as well as non-communicable diseases (NCDs), including diabetes, heart disease, stroke and cancer. Unhealthy diet and lack of physical activity are leading global risks to health.

Awareness about Nutrition Food to Canteen Employee



Date-
Keynote Speaker-
Organized by-

7/2/2018
A.P Sangeeta
Department of Computer Science



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Activity-Seminar on ENT problem

Date-22/3/2018

Participant-120

Description- Allergies can cause long-term problems with the ear, nose and throat and need to be dealt with by an ENT allergist. ENT problems caused by allergies often look like headaches, coughing, runny nose and sneezing. Tonsillitis if your main symptom is inflammation in the throat then tonsillitis could be to blame.

Seminar on ENT problem



Date- 22/3/2018

Keynote Speaker- A.P. Geetu

Organized by-Computer Science Department

