



GURU NANAK COLLEGE BUDHLADA

Under the Management of Shiromani Gurdwara Parbandhak Committee, Sri Amritsar Sahib

NAAC - SSR - Cycle - II

Impact and Achievements of NCC Cadets

- 86 NCC cadets including 35 SW and 51 SD passed CEE certificate Examination of NCC from 2017 to 2022.
- 146 NCC cadets including 55 SW and 86 SD passed CEE certificate Examination of NCC from 2017 to 2022.

Participation of NCC Cadets in Annual Training Camps

- 27 NCC cadets including 7 SW and SD 20 attended ATC (Annual Training CAMP) from 15th to 24th June 2017 at Malout organized by 20 PB BN NCC, Bathinda.
- 21 NCC Cadets including 3 SW and 18 SD participated in Independence Day Parade at Guru Nanak College Budhlada on 15th August 2017.
- 7 NCC cadets including 2 SW and 5 SD attended ATC (Combined Annual Training CAMP) from 10th to 19th December 2017 at Ropar NCC Academy organized by 20 PB BN NCC, Bathinda.
- 4 SD NCC cadets attended CATC (Combined Annual Training CAMP) from 21st to 30th May 2018 at Malout organized by 20 PB BN NCC, Bathinda.
- 27 NCC cadets including 11 SW and 16 SD attended ATC (Annual Training CAMP) from 04-08-2018 TO 13-08-2018 at Malout organized by 20 PB BN NCC, Bathinda.
- 4 NCC cadets (3 SW and 1 SD) attended CATC (Combined Annual Training CAMP) from 18-08-2018 TO 27-08-2018 at Patiala organized by 20 PB BN NCC, Bathinda.
- 7 NCC cadets including 4 SW and 3 SD attended CATC (Combined Annual Training CAMP) from 16-03-2019 to 25-03-2019 at Ropar NCC Academy organized by 20 PB BN NCC, Bathinda.
- NCC cadets (11 SW and 14 SD) attended CATC (Combined Annual Training Camp) from 23-04-2019 to 2-05-2019 at Malout organized by 20 PB BN NCC, Bathinda.
- NCC Cadets (5 SW and 3 SD) Attended ATC-114 CUM TSC SELECTION CAMP at ASRA Bhawanigarh from 12-06-2019 to 21-06-2019.
- NCC (2 SW and 2 SD) Cadets Attended RDC selection Camp at Ropar from 06-09-2019 to 15-09-2019.



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- 64 NCC cadets including (24 SW and 40 SD attended ATC (Combined Annual Training CAMP) from 15-Feb-2021 to 19-Feb. 2021 at Guru Nanak College, Budhlada. This camp has been conducted by 20 PB BN Bathinda due to COVID-19.
- 62 NCC Cadets (24 SW and 38 SD) attended ATC (Annual Training Camp)-116 at The Royal Group of Colleges, Borawal from 29th Sep to 3rd Oct. 2021. This camp has been conducted by 20 PB BN Bathinda at The Royal Group of Colleges, Borawal, Distt-Mansa due to COVID-19.
- 10 NCC Cadets(5 SW and 5 SD) attended Pre-RDC (Republic Day Camp) at NCC Academy Ropar from 28th Nov to 07th Dec-2021, organized by the 20 PB BN Bathinda.

Participation of NCC Cadets in Extension Activities

- 40 NCC cadets including 24 SW and 16 SD participated in “Swachh Bharat Abhiyan” activity which was conducted on dated 13th July 2017 by NCC wing at Guru Nanak College, Budhlada.
- 50 NCC cadets including 20 SW and 30 SD participated in International Yoga Day which was celebrated on dated 21 June 2018 by NCC wing, Guru Nanak College, Budhlada on the occasion of International Yoga Day.
- 40 NCC cadets including 20 SW and 20 SD participated in Swachh Bharat Abhiyan activity which was conducted on dated 22 July 2018 by NCC wing at Guru Nanak College, Budhlada.
- 21 NCC Cadets including 20 SW and 01 SD participated in March past at SDM Office, Budhlada on the occasion of Republic Day on 26th January 2020.
- 60 NCC cadets including 24 SW and 36 SD participated on International Yoga Day which was celebrated by NCC cadets through online on 21st June 2020.
- 42 NCC cadets including 10 SW and 32 SD participated in Tree Plantation Activity which as conducted on 15th July 2020.
- 45 NCC cadets including 23 SW and 22 SD participated in the online National Pledge Taking Ceremony on 8th Aug. 2020.



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- New enrolment in NCC was conducted by 20 PB BN NCC, Bathinda on 13th November 2020. 36 Cadets (12 SW and 24 SD) were selected out of 83 Candidates.
- 60 NCC cadets (12 SW and 48 SD) participated in a webinar on New Education Policy 2020 on 30th September 2020.
- 65 NCC cadets (26 SW and 39 SD) participated in a webinar on New Education Policy 2020 on 16th October 2020.
- 60 NCC cadets (24 SW and 36 SD) participated in Swachh Bharat Abhiyan Activity which was conducted on 15th Dec. 2020 at Guru Nanak College, Budhlada.
- 31 NCC Cadets including 30 SW and 01 SD participated in March past at SDM Office, Budhlada on the occasion of Republic Day on 26th January 2021.
- 53 NCC cadets including 27 SW and 26 SD participated in International Yoga Day which was celebrated by NCC cadets through online on 21st June 2021.
- 21 NCC cadets (10 SW and 11 SD) of GNC, Budhlada participated in Independence Day March past at SDM Office, Budhlada on 15th August 2021.
- India is celebrating the 75th anniversary of its independence which was being celebrated as Azadi ka Amrit Mahotsav Fit India Run 2.0 from 13th August to 2nd October 2021. 50 NCC cadets (18 SW and 22 SD) participated in this event.
- New enrolment in NCC was conducted by 20PB BN NCC, Bathinda on 25th September 2021. 34 Cadets (10 SW and 24 SD) were selected out of 126 Candidates.
- Vigilance awareness week was celebrated by 50 NCC cadets (27 SW and 23 SD) along with Principal Dr. Kuldeep Singh Bal and CTO Kulbir Singh in which they all took an oath on 30th October 2021.
- “Statue Cleaning Drive” was conducted by NCC Cadets on 15th Dec. 2021 in which they cleaned the statue of Lt. Capt. KK Gaur nearby bus stand, Budhlada. 25 NCC cadets (20 SW and 5 SD) participated in this event.
- On the occasion of Republic Day 7 NCC cadets (5 SW and 2 SD) participated in parade at 20 PB BN NCC Bathinda on 26th January 2022.



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- A Tribute to Bhagat Singh was given by organising a poster making competition which was organized by the NCC units of Guru Nanak College, Budhlada on 24th March 2022. 30 NCC cadets (20 SW and 10 SD) were participated in this competition.

Selection of NCC Cadet in Short Service Commission

- 01 SD named Manmeet Singh has been selected for the Grant of Short Service Commission in the F(P) branch of Indian Air Force in the year 2021.

Impact of Activities of NSS

- The NSS department organized various 1-day & 7-days camps every year in which cleanness drives, blood donation camps, various awareness lectures, and rallies on social evils are conducted.
- An awareness camp was organized against corruption under the theme of Rishwat Hatao, Desh Bachao to bring awareness against corruption among students.
- A cleanness camp under the theme of “Swachh Bharat Abhiyaan” was organized to inculcate social welfare spirit among the students.
- An awareness seminar on the “Mental Health Program” in collaboration with District Health Department Mansa, Punjab was organized to create awareness about various mental health issues emerging due to hectic lifestyles and workplace tensions.
- A Poster Making Competition on Antibiotic Awareness was organized with the objective of awareness about Antibiotics among students.
- A Blood Donation Camp with the collaboration of Neki Foundation was organized. A total of 65 students donated blood units. Conducting a voluntary blood donation camp in the institution will increase the stock of blood units in the blood bank which is needed for the optimum functioning of the healthcare system. The purpose of the organization of such a camp is to create awareness among the students about the fact that a healthy adult human being can donate blood after every 3 months. Knowledge of this fact can increase the frequency of repeat blood donations and can turn first-time blood donors into regular blood donors. As young people can be prospective regular blood donors, education in the fields of blood donation, the need for safe blood and healthy lifestyles for young people



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- Paddy straw burning in Punjab and Haryana after the harvest is one of the major reasons for an alarming spike in air pollution levels. To be aware of the issue, NSS of Guru Nanak College took an initiative to conduct an Environment awareness rally against stubble burning in Bachoana, Dodra, and Kanakwa around Budhlada town to aware farmers. Also, the college students studying agriculture were involved in sending a message against burning residue in villages. The motive was to motivate farmers not to set fields on fire.
- NSS Cell of Guru Nanak College, Budhlada started a tree plantation campaign to make the college campus Clean and Green. The diverse species of trees were planted with a focus on minimum water consumption in an eco-friendly manner.
- With the support of the District Administration, Youth Services, Nehru Yuva Kender Mansa started a signature campaign to celebrate a pollution-free Diwali. Under this campaign, college students took a pledge to celebrate pollution-free Diwali.
- The college organized a guest lecture on “Save Mother Tongue” with the importance of Mother Tongue in students’ life. College students learned the significance of their mother tongue to communicate with others.
- NSS cell conducted various Religious Quiz competitions. The purpose of this completion was to bring religious general knowledge awareness and holistic development among the students.
- NSS Cell and Red Ribbon Club of Guru Nanak College, Budhlada celebrated the constitutional day to aware the students about the constitutional rights of Indian citizens, and also Oath ceremony was held to take a pledge to follow Indian Constitution.
- Female foeticide is a blot on the nation’s aspirations of gender equality and women empowerment. Despite being strictly banned by law, female foeticide in India is still in practice. To tackle the issue, NSS Cell and Red Ribbon Club of Guru Nanak College organized a speech competition on female foeticide to create awareness among the students.
- Under the life peace investigation process of the Punjab Police, **Guru Nanak College Budhlada has been declared the first drug-free institution** in Punjab. Deputy Commissioner Mansa Gurpal Singh Chahal, District Police Chief Dr. Narendra



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Bhargava, Principal Dr. Kuldip Singh Bal, and other officials, more than 6,000 students, teachers, and parents have vowed that they will make every effort to eradicate drugs from society by becoming ambassadors of the anti-drug campaign. District SSP (Punjab Police) was the chief guest of the event to be aware of the Whats App Buddy system to check against Drug Addiction activities. At the end of the event pledge was taken by all present students to **“Say No To Drugs”**

- NSS of Guru Nanak College played a very contributory role in Covid-19 awareness drive. They approached Hundreds of farmers and laborers to instruct the proper uses of a mask, and also distributed Covid-19 prevention instruction pamphlets. They also alleviated the fear of several local people and shopkeepers and motivated them to follow Covid-19 prevention Instructions. To spread awareness regarding Covid-19 and motivate our students to follow instructions like Hygiene, Sanitation, and maintaining distance from each other, NSS cell of Guru Nanak college organized a Poster making competition.
- During Covid-19 pandemic, NSS Cell of Guru Nanak College, Budhlada started a Cleanliness and Hygiene drive to spread awareness among people for self-care in their daily chores. In this campaign NSS Coordinator, Guru Nanak College, Budhlada, Assistant Professor Gurdeep Singh played a contributory role to aware people of the importance of Sanitizers and cleaning their hands frequently, to prevent Covid-19. NSS Cell Guru Nanak College, Budhlada initiated a campaign to provide rations to needy and underprivileged people in various villages and nearby locality of Guru Nanak College, Budhlada.
- NSS department organized a webinar regarding the contribution of Punjab in Indian Freedom to aware the students for the contribution to India's National Freedom struggle with its galaxy of martyrs and heroes, its participation in the majority of national and regional movements, and the sacrifices of its people.



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Impact of Activities of Nanni Chhaan and Green Brigade Cell

- Nanni Chhaan and Green Brigade Cell organized plantation drives and various Poster making, writing, speech, and poetry recitation competitions to make a positive impact on protecting the girl child and preserving trees by invoking the positive power of faith.
- Activities conducted by Nanni Chhaan and Green Brigade Cell lead to much significance in the sense that both environment and women have always been linked together being selfless givers to society.
- Special lectures, concerts, planting of plants, and special awareness campaigns and rallies were taken out by Nanni Chhaan and Green Brigade Cell to sensitize the students and residents about the problems related to the environment.

Impact of Activities of Personality Development Cell

- The Personality Development Cell always helps an individual to gain confidence and high self-esteem. Personality development plays an essential role not only in an individual's professional but also in their personal life. Personality development is important because it helps to live your life in a better way.
- It is worth mentioning that personality development cells hold several interviews which enables the students to surpass the hurdles on their way. The interview is one of the most frequently used tools in employee selection. Our educational institution offers interview training assistance that can range from simply answering candidates' questions about interviews to role-playing interviews, to workshops with detailed discussions of how to answer specifically. These interview sessions are beneficial for the students to make their career advancement in the future.
- Personality Development Cell has organized several workshops and webinars for the students to reduce study stress as well as how to cope with time management. It helps to have a better understanding of the factors which cause stress. These types of workshops often lead to an immediate reduction in students' anxiety especially the stress of the



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recent outbreak of Covid -19 and offered a way to come out from anxiety. Students were suggested numerous lifestyle enhancement strategies to reduce stress. Students have learned that stress is a persistent fact of life and everyone experiences stress at times; a prolonged bout of it can affect health and one's ability to cope with life.

- The College has a coaching center namely Bhai Gurdas Singh, where the students show a great amount of interest and enthusiasm to learn. Personality Development Cell presented a quality session on the English language. Students were prepared well to gain valuable knowledge so that they could easily crack tests to get jobs. The Participation wasn't restricted to the college students only but the students of other colleges too participated in it. It was a great facility for outreach students also.
- Personality Development Cell holds the credit for being one of the prominent cells of the college, as students have been prepared in a planned way that it has placed near about 30 students (in govt jobs /elite organizations namely Reliance Retail company, Leave Casa Travel Private Limited, Amafip India Private Limited, etc.
- The institute has a modern language laboratory with state-of-the-art audio-visual equipment to aid in imparting language skills. Students from rural areas who are not good at communication skills, enjoy a big advantage in learning. Through the lab, personality development cells impart important knowledge to students which enables them to clear easily IELTS. It aims at confidence building among students for interactions and presentations in English. It helps to train the students in the art of conversation and discussion.

Impact of Activities of Women Empowerment Cell

- The cell organized a lecture regarding Legal Awareness in which girls raised queries about domestic violence and eve teasing. The Speakers made girls aware of the legal provisions and various sections which they can use to file cases against violence and also suggested they follow legal procedures to combat such issues.
- The cell frequently conducts workshops regarding various entrepreneurial opportunities in the fashion world, which further support girl students to start their businesses to earn



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their bread and butter. After attending such types of workshops, some girls have opened their boutiques and fashion retail outlets and earned handsome.

- The cell organized a training session of martial arts and fitness which was attended by nearby girls to teach various techniques for getting overall fitness and defending in hard times. Such type of sessions proved useful for the girls to learn methods of self-defense and made them self-confident.
- The cell usually organizes various competitions such as poster making, speech competitions and others to make girls students creative, innovative, and expressive. As a result, some of the students participated in the youth festival, exhibited their skills and won many positions.
- The cell organized various workshops and training sessions in collaboration with Food Processing Department in which females were motivated to become entrepreneurs and start their own start-ups. Females got the awareness about food science techniques in the preparation of healthy food products like Chyawanprash, Jam, caddies and Organic vinegar etc. With the help of such activities, students not learned about healthy lifestyles but also emerged as successful entrepreneurs.
- The cell organized lectures on communicative skills and confidence building as well as just a minute speech activity which enhances their confidence and communication skills. As a result, many of our girls got placed in various MNCs.

Impact of Activities of Entrepreneurship and Start-up Cell

- Entrepreneurship and Start-up Cell frequently organizes Guest lectures and Workshops by eminent and successful entrepreneurs, business tycoons, and industry leaders where students get an opportunity to interact with these experts and seek their advice on various spheres of entrepreneurship. During these sessions, students are made aware of SWOT analysis of any business opportunity, start-ups, and the resources that can be used as the building blocks of their journey as an entrepreneur.
- Counseling through the entrepreneurship cell boosted the students to indulge in entrepreneurship activities which further assisted them in pursuit of the generation of



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value, by identifying and exploiting new products, processes, or workshops. These skills built confidence in students to take initiative to start their small ventures.

- The workshops provided the ability to recognize commercial markets. Initially, the staff and entrepreneurship cell provided opportunities, and later on a belief system was developed, which helped the students to move forward and emerge as entrepreneurs. Several examples can be mentioned that supported the students of all the departments to establish their new ventures. As a result, a student of Fashion Technology, Manpreet Kaur has started her Boutique “Virsa designer Boutique” and a student of Commerce & Management has started “Saraswati Commerce Institute” for earning attractively.

Outcomes of the Cell

- Students have gotten a better idea of how business is conducted in real life. They got exposure to live problems and how to go about solving them. E-cell not only helps students who want to be entrepreneurs but also other students as life lessons of the real world are taught through e-cell.
- Unplaced final-year students can reap the benefits as well. These students acquire various skills along with the proper understanding of entrepreneurship which helps them to emerge as entrepreneurs.
- Live examples in the form of entrepreneur speakers have inspired students to fulfill the dream of their start-ups.
- Participating in E-cell is a great way to develop communication skills, and students get a lot of insight into the mentalities of other people. In addition, participating in a variety of activities boosts self-confidence and improves body language while delivering a presentation or communicating with others.

Impact of Activities of Waste Management Committee

- **Various awareness and Lectures** are organized in collaboration with different departments to bring awareness among the students and society. Usual these are based on 4Rs – Reuse, Reduce, Recover and Recycle. For ecology Balancing and students got knowledge about the uses of waste material transforming into art. It also helps to reduce waste and protect the environment.



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- Waste Recycling activity provides the solution for environmental pollution / natural soil fertility management
- Organized various exhibitions where various modal are displayed by students to bring awareness and creativity to other students
- For energy saving, the slips are affixed on the electricity board in each room of this college for alert purposes.

Impact of Activities of Health & Hygiene Cell

- Special lectures on the cleanliness of the college and protection against seasonal diseases were organized from time to time motivating students and employees by Health and Hygiene Cell. The college canteen workers, specifically cooks were motivated to maintain cleanliness while preparing food so that they prepare healthy food for the students.
- This cell organized special guest lecturers for girls in which awareness regarding hygiene maintenance of the genital system, AIDS, and dengue was conducted for them So that they can protect themselves from terrible diseases. These lectures were not only given by the college professors but the services of special expert doctors were invited from outside, which benefited the students.
- Various activities like poster-making competitions, speeches and quiz competitions, etc. were conducted by the cell for all-around development among the students. It creates awareness among students and motivates other students to participate in such competitions.
- The cell aware the students about the bad effects of fast food on their bodies in modern times. They were advised to eat nutritious food instead of unhealthy food.
- The Cell also organized a body check-up camp for the students on the college campus in which their heart rate, pulse weight, and height were measured. The students who were overweight according to the prescribed criteria were advised to lose weight.
- The cell also conducted a first aid camp in the college. In this camp, information was given to the students to give first aid, with this kind of training; students can save the lives of many people in the future.



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- The Cell has given regular information about the importance of exercise and yoga to relieve mental stress. The cell also provided information about the importance of exercise and yoga in day to the life of students and staff and when required for their mental and physical soundness.
- The cell also made an important contribution during the pandemic Covid-19, at that time a corona-related center was started in the college, in which the patients were taken care of along with the college employees and doctors; there was a great need for such activities at that time. Millions of people have lost their lives in the world due to this terrible disease, but the Indian government started to administer a vaccine to save them, due to misunderstanding in many families, this vaccine was not administered. The cell provided awareness about the benefits of the vaccine to the students and stakeholders were needed.
- A vaccine-related camp was organized in the college in which students of the college were vaccinated and the data of vaccinated students was collected and sent to the government. By understanding its responsibility, the cell is continuously contributing to such public welfare works.